



ONE TO ONE

WOMEN COACHING WOMEN

POWERHOURS

60 MINUTE WEBINARS TO BUILD A LIFE WITH INTENTION IN A CHANGING WORLD

Small things done consistently, in strategic places, create major impact.

- David Allen

Every **One to One PowerHour** is crafted to provide enormous value.

They include proven, no-nonsense tools with immediate application that enable participants to conquer old challenges, pursue new opportunities, feel more confident and achieve greater success.

We're all navigating a time of extreme transition.

If you're a colleague, a caregiver, a leader, a parent - there is likely some sort of critical change happening.

In under 60 supercharged minutes, every person, group and team will be given a easy-to implement framework that's an invitation to be more confident and impactful in all the areas of their lives.

- Ask about bundling multiple sessions with themes for your specific group -

PROFESSIONAL GROWTH

- LEADERSHIP DEVELOPMENT
- TEAMS
- JOB SEEKERS
- HUMAN RESOURCES
- PROJECT MANAGERS
- PANDEMIC SHIFTS
- PRIORITIZING
- CREATIVITY
- FUTURE PLANNING

RELATIONSHIPS

- CAREGIVERS
- FRIENDS
- COLLEAGUES
- FAMILY DYNAMICS
- PARENTS OF TEENS
- EMPTY NESTERS
- AGING PARENTS
- DIVORCED
- WIDOWED

PERSONAL GROWTH

- MINDSET
- COMMUNICATION
- BOUNDARIES
- RESILIENCY & AGILITY
- ORGANIZING
- PROJECT MANAGEMENT
- ACTION PLANS
- KEEPING AGREEMENTS
- CONTRIBUTION
- AUTHENTICITY

immediate improvement in...

RESILIENCE

PRIORITIZING

EFFECTIVE
COMMUNICATION

GROWTH
MINDSET

MOVING
INTO ACTION

CREATING
BETTER HABITS

FLEXIBLE
THINKING

CONFIDENCE
&
AWARENESS

SETTING
INTENTIONS

NEXT STEPS...

1. IDENTIFY YOUR GROUP
2. EMAIL HELLO@ONETOONEWOMEN.ORG TO CHAT WITH A SPECIALIST TO SELECT A BUNDLE OR INDIVIDUAL TOPIC & BOOK YOUR DATES
3. FOR EVERY POWERHOUR YOU INVEST IN, OTO PROVIDES PRO BONO COACHING TO WOMEN WITHOUT THE FINANCIAL FREEDOM TO INVEST IN THEMSELVES.
>> **ONE TO ONE | ONE FOR ONE**

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BE INSPIRED. INSPIRE OTHERS. THE FUTURE IS YOURS.

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